

## Helpful Websites

- 1) Khan Academy  
*khanacademy.org*
- 2) Paul's Online Math Notes  
*tutorial.math.lamar.edu*
- 3) Interactive Math  
*intmath.com*
- 4) Purple Math/Math Help  
*purplemath.com*
- 5) Teacher Tube  
*teachertube.com*
- 6) Quizlet  
*quizlet.com*



# HEALTH CAREERS ACADEMY HIGH SCHOOL

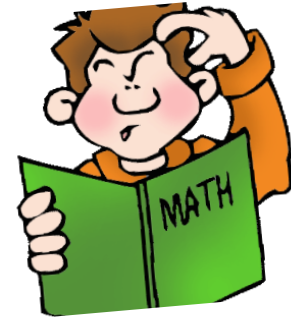


I got it!

Health Careers Academy High School  
931 East Magnolia Street  
Stockton, CA 95202

Phone: 209-933-7360  
Fax: 209-941-0687  
Website: [www.stocktonusd.net/HCA](http://www.stocktonusd.net/HCA)

Help! What can I do?



**Math Resources For Parents And Students**



► Health Careers Academy High School

Telephone #: 209-933-7360

## ▶ How Parents Can Help

**Bring school home.** Ask your child to explain the math skill he is learning in school. When helping your child with homework, ask him how they came up with their answer.

**Environment.** Provide a quiet place & time to study.

**Inspire your child.** So many students just lack confidence. By the time they get to high school, they are comfortable saying "I'm not good in math." Look for every opportunity to boost your child's confidence.

**Show your enthusiasm for your child's study of mathematics.** Encourage your child to be persistent; make sure that he knows that mathematics requires patience, practice, and time to think and reflect. Urge your child to ask the teacher questions either during or after class. Encourage your child to review class notes every night. If there is something he or she doesn't understand, tell your child to look at the answers and work backwards to determine how the solution was found.

**Step away from the calculator.** A graphing calculator looks impressive, but it can mask math weaknesses. Sometimes you have to take the calculator away to assess what he really knows.

**Encourage your child to use math every day.** At a restaurant, have your child calculate the tip.

**Partnering with your child's teacher.** Don't be afraid to reach out to your child's teacher—you are still an important part of your child's education.

**Limit media.** Set boundaries on how much your child can use electronics & multimedia.

## What Students Can Do

- 1) Find a quiet place and time to study.
- 2) Turn off all electronics.
- 3) Review notes DAILY.
- 4) Time Management.
- 5) Ask questions during class and/or after-school.
- 6) Participate in class discussions.
- 7) Attend class daily.
- 8) Come to school prepared.
- 9) Communicate with your teachers.
- 10) Regularly check grades on Jupiter.
- 11) Have a solid foundation of basic math skills.
- 12) Form study groups



## HCA Resources

### Principal:

Aaron Mata, Main Office

### Counselors:

Dr. Cardenas, Office C-1  
Mrs. Butcher, Office 17



### Math Teachers

Mrs. Hunter, Room 26  
Mrs. Nelson, Room 22  
Miss. Vargas, Room 46  
Mr. Buth, Room 15

### Math Lab, Room 26

Tuesday to Thursday, 3:00–4:00 p.m.

### Study Center, Room 23

Tuesday to Thursday, 7:00–7:50 a.m.  
Tuesday to Thursday, 3:00–4:00 p.m.

